

Section 16: Hospitals and Urgent Care Reference Guide

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Hospital and Urgent Cares

This section of the Adventure Manual is to be used as a quick reference in finding the nearest hospital or urgent care in a wilderness first aid situation that needs medical evacuation. The use of smart phones has greatly lessened the dependency on such a directory but nonetheless is here for the rare case there is no cell phone service or reception with internet capabilities.

Instead of hospitals and urgent cares listed by trip, they are listed by region and what activity. An example is that the West Virginia region highlights every Mountain Momma variation. Obviously if you are traveling through one region to get to another, see hospitals in the region you are traveling in.

Camp Fitch YMCA (Erie County) **Lake Erie Legacy, Ski Weekend Adventure**

AHN Erie West Side Health Urgent Care

8:00am- 8:00pm
4247 West Ridge Road
Erie, PA 16506

Millcreek Community Hospital

5515 Peach Street
Erie, PA 16509
814-864-4031

Saint Vincent Hospital

232 West 25th Street
Erie, PA 16544
814-452-5000

University Hospitals Conneaut Medical Center

158 West Main Street
Conneaut, OH 44030
440-593-1131

UPMC Hamot Hospital

201 State Street
Erie, PA 16550
814-877-6000

UPMC Urgent Care West

(8:00am- 8:00pm)
2861 West 26th Street
Erie, PA 16506
814-877-4110

Allegheny- Niagara Region

**Allegheny Backpacking, Empire State Expedition, New York Ski, Niagara Falls Day Trip,
Pennultimate, Ontario Odyssey**

Corry Memorial Hospital (Erie County)

965 Shamrock Lane
Corry, PA 16407
814-664-4641

Clymer Rural Health Clinic

8:00am- 4:00pm
354 Clymer-Corry Rd.
Clymer, NY 14724
716-355-2248

Mercy Hospital of Buffalo, NY

565 Abbott Road
Buffalo, NY
716-826-7000

Millard Fillmore Suburban Hospital NY

1540 Maple Rd.
Williamsville, NY 14221
716-568-3600

Niagara Falls Memorial Medical Center NY

621 10th Street
Niagara Falls, NY 14301
716-278-4578

Sheffield Medical Center

9:00am- 5:00pm
511 South Main Street
Sheffield, PA 16347
814-584-1130

Tidioute Health Center

8:00am- 4:00pm (Tuesdays Only)
115 Main Street
Tidioute, PA 16531
814-484-3096

Warren General Hospital

2 Crescent Park
Warren, PA 16365
814-723-3300

Pittsburgh- Morgantown Region

Maryland Hike and Bike, McConnell's Mill Climbing, Ohio Pyle Rafting, Pennultimate

Allegheny General Hospital

320 East North Avenue
Pittsburgh, PA 15212
412-359-3131

J.W. Ruby Memorial Hospital

1 Medical Center Drive
Morgantown, WV 26506
304-598-4000

Uniontown Hospital- WVU Medicine

500 West Berkeley Street
Uniontown, PA 15401
724-430-5000

UPMC Jameson

1211 Wilmington Avenue
New Castle, PA 16105
724-658-9001

UPMC McHenry

9:00am- 5:00pm
23789 Garrett Highway
McHenry, MD 21541

UPMC Presbyterian

200 Lothrop Street
Pittsburgh, PA 15213
412-647-2345

WVU Medicine Garrett Medical Group

10:00am- 6:00pm
250 Maple Street
Friendsville, MD 21531
301-746-4160

WVU Potomac Valley Hospital

100 Pin Oak Lane
Keyser, WV 26726
304-597-3500

West Virginia- New River Gorge Region

Mountain Momma (Junior, Classic, Ultimate, Supreme), New River Gorge Weekends

Appalachian Regional Healthcare- Oak Hill Primary Care

8:00am- 4:00pm
223 Maple Avenue
Oak Hill, WV 25901
304-465-6416

Beckley Hospital

7:00am- 9:00pm
1007 South Oakwood Avenue
Beckley, WV 25801
304-252-3580

CAMC Plateau Medical Center

430 Main Street
Oak Hill, WV 25901
304-469-8600

Highland Hospital

300 56th Street Southeast
Charleston, WV 25304
304-433-8338

MedExpress Urgent Care

5447 Maple Lane
Fayetteville, WV 25840
304-658-9397

New River Health- Oak Hill

7:00am- 8:00pm
497 Mall Rd.
Oak Hill, WV 25901
304-469-2905

Raleigh General Hospital

1710 Harper Rd.
Beckley, WV 25801
304-256-4100

Saint Francis Hospital

333 Laidley Street
Charleston, WV 25301
304-347-6500

Southern Appalachian Region (NC, VA, TN)

Grayson Highlands (Ultimate and Supreme), Sweet Carolina (Pisgah and Piedmont)

Canoeing and Kayaking on New River

Alleghany Memorial Hospital

233 Doctors Street
Sparta, NC 28675
336-372-5511

Ashe Memorial Hospital

200 Hospital Avenue
Jefferson, NC 28640
336-846-7101

Twin County Regional Healthcare

200 Hospital Drive
Galax, VA 24333
276-236-8181

Climbing at Pilot Mountain State Park

Atrium Health Wake Forest Baptist Medical Center

1 Medical Center Blvd.
Winston-Salem, NC 27157
336-716-2011

Northern Regional Hospital

830 Rockford Street
Mount Airy, NC 27030
336-719-7000

Scenic Urgent Care

113 Scenic Outlet Lane, Unit #2
Mount Airy, NC 27030
336-352-9110

Mountain Biking the Virginia Creeper Trail and Hiking in the Grayson Highlands

Ballad Health Medical Associates Urgent Care

8:00am- 7:00pm
24530 Falcon Place Blvd. Suite 100
Abingdon, VA 24211
276-619-0075

Holston Family Health Center

306 South Shady Avenue
Damascus, VA 24236
276-475-5116

Johnston Memorial Hospital

16000 Johnston Memorial Drive
Abingdon, VA 24211
276-258-1000

Backpacking in Pisgah National Forest

Charles A. Cannon Jr. Memorial Hospital

434 Hospital Drive
Linville, NC 28657
828-737-7000

Elk River Medical

8:00am- 5:00pm
150 Park Avenue
Banner Elk, NC 28604
828-898-5177

Watauga Medical Center

336 Deerfield Road
Boone, NC 28607
828-262-4100

Caving at Worley's Cavern

HMG Urgent Care at Bristol

8:00am- 8:00pm
350 Steeles Rd. #1
Bristol, TN 37620
423-990-2466

Johnson City Medical Center

400 North State of Franklin Road
Johnson City, TN 37604
423-431-6111
*If a kid is every taken by helicopter, this is the biggest hospital

Sycamore Shoals Hospital

1501 West Elk Avenue
Elizabethton, TN 37643
423-542-1300

Stone Mountain Hiking

Hugh Chatham Health

180 Parkwood Rd.
Elkin, NC 28621
336-527-7000

Interstate/ Highway Travel to and from...

WVU Medicine Princeton Community Hospital

122 Twelfth Street
Princeton, WV 24740
304-487-7000

Wythe County Community Hospital

600 West Ridge Road
Wytheville, VA 24382
276-228-0200

Northeast Region

Berkshire Breakaway, Maine Event, Northeast Beast, Vermont Voyage, Vermont Ski Trip

Interstate 90 (Listed from Buffalo to Albany)

United Memorial Medical Center

330 Summit Street
Batavia, NY 14020
585-343-6030

Clifton Springs Hospital and Clinic

2 Coulter Road
Clifton Springs, NY 14432
315-462-9561

Saint Joseph's Health Hospital

301 Prospect Avenue
Syracuse, NY 13203
315-448-5111

Upstate Community Hospital

4900 Broad Road
Syracuse, NY 13215
315-492-5011

Oneida Health Hospital

321 Genessee Street
Oneida, NY 13421
315-363-6000

Saint Mary's Memorial Health Center

7:00am- 5:00pm
4988 NY-30
Amsterdam, NY 12010
518-842-3100

Urgent Care of Auburn

8:00am- 5:00pm (Monday- Friday)
37 West Garden Street #105
Auburn, NY 13021
315-252-0000

Connecticut, Taconic Area (Hiking and Biking)

Charlotte Hungerford Hospital

540 Litchfield Street
Torrington, CT 06790
860-496-6666

Fairview Hospital

29 Lewis Avenue
Great Barrington, MA 01230
413-528-8600

Sharon Hospital

50 Hospital Hill Road
Sharon, CT 06069
860-364-4000

Western Vermont (Hiking and Skiing)

Clear Choice MD Urgent Care- Rutland

173 South Main Street
Rutland, VT 05701
802-772-4165

Killington Medical Clinic

10:00am- 5:00pm
3902 Killington Road
Killington, VT 05751
802-422-6125

Manchester Medical Center

9:00am- 6:00pm
34 Bonnet Street
Manchester Center, VT 05255
802-768-1718

Rutland Regional Medical Center

160 Allen Street
Rutland, VT 05701
802-775-7111

Samaritan Hospital

2215 Burdett Avenue
Troy, NY 12180
518-271-3300

Southwestern Vermont Medical Center

100 Hospital Drive
Bennington, VT 05201
802-442-6361

Eastern Vermont/ Western New Hampshire (Biking and Climbing)**Alice Peck Day Memorial Hospital**

10 Alice Peck Day Drive
Lebanon, NH 03766
603-448-3121

Clear Choice MD Urgent Care- Lebanon

8:00am- 8:00pm
410 Miracle Mile
Lebanon, NH 03766
603-276-3261

Dartmouth Hitchcock Medical Center

1 Medical Center Drive
Lebanon, NH 03766
603-650-5000

Speare Memorial Hospital

16 Hospital Road
Plymouth, NH 03264
603-536-1120

High Ropes/ High 5 Adventure Learning Center**Brattleboro Memorial Hospital**

17 Belmont Avenue
Brattleboro, VT 05301
802-257-0341

Brattleboro Walk in Clinic

5:00am- 6:00pm (Tuesdays Only)
191 Clark Avenue
Brattleboro, VT 05301
802-251-8484

Western Massachusetts (Rafting and Biking)

Baystate Franklin Medical Center

164 High Street
Greenfield, MA 01301
413-773-0211

Clear Choice MD Urgent Care- WMA

8:00am- 8:00pm
856 State Road
North Adams, MA 01247
413-727-8088

North Adams Regional Hospital

71 Hospital Avenue
North Adams, MA 01247
413-664-5000

Trailside Health Clinic

9:00am- 4:00pm (Monday- Thursday)
111 Bridge Street #1
Shelburne Falls, MA 01370
413-625-6240

White Mountains and Maine Woods

Alfond Center for Health

35 Medical Center Parkway
Augusta, Maine 04330
207-626-1000

Androscoggin Valley Hospital

59 Page Hill Road
Berlin, NH 03570
603-752-2200

Bethel Family Health Center

32 Railroad Street
Bethel, Maine 04217
207-824-2193

Franklin Memorial Hospital

111 Franklin Health Commons
Farmington, Maine 04938
207-778-6031

Littleton Regional Healthcare

600 Saint Johnsbury Road
Littleton, NH 03561
603-444-9000

MDI Hospital

10 Wayman Lane
Bar Harbor, Maine 04609
207-288-5081

Memorial Hospital

3073 White Mountain Highway
North Conway, NH 03860
603-356-5461

Millinocket Regional Hospital

200 Somerset Street
Millinocket, Maine 04462
207-723-5161

Northern Light Mayo Hospital

897 West Main Street
Dover-Foxcroft, Maine 04426
207-564-8401

Jersey Journey/ Legends of Lehigh**Newton Medical Center**

175 High Street
Newton, NJ 07860
973-383-2121

Lehigh Valley Hospital- Pocono

206 East Brown Street
East Stroudsburg, PA 18301
570-421-4000

St. Luke's Lehighton Campus

211 North 12th Street
Lehighton, PA 18235
610-377-1300